

# FAMILY LEGACY

2024

Excel Beyond — A Family Legacy Program for  
Higher Education.



# FOUNDATION YEAR

LIVE TRANSFORMED



# FOUNDATION YEAR



*I learned that etiquette is good manners that affect our social behavior and guidelines that control the way a good and responsible individual should behave in society. I also learned that good etiquette means punctuality and being consistent with attendance, personal appearance, loyalty, being proactive and visible, giving prompt feedback and most important, respect.*

*—Martha on Office Etiquette and Time Management*

Finishing the 12th grade is a tremendous accomplishment in Zambia and something we celebrate and cherish for all of our graduates. A high school education is an important component of students' future success; however, other skills and abilities are also critical in enabling them to reach their full potential. To further invest in the growth and development of our students after high school, Family Legacy has developed the Foundation Year program to teach, train, and empower these young men and women. The Foundation Year provides personal and professional development to our graduates through:

- TRADES PROGRAM - Students enroll in a year-long program at a certified trade school that provides a comprehensive knowledge of a vocational skill.
- LIFE SKILLS SEMINARS - Excel Beyond holds monthly workshops to teach critical skills such as time management, budgeting, interviewing, and resume writing. Students also open a bank account or mobile money account.
- BUSINESS ENTREPRENEURSHIP TRAINING - While the students are taking classes in a trade of their choice, they are also enrolled in an Advanced Certificate in Business Management. The hybrid course instructs students on topics such as cost accounting, introductory business law, quantitative research, and marketing principles. Students are then prepared to either be an asset in the existing business market or start their own endeavor.



# FOUNDATION YEAR

## TIMELINE

2014	Family Legacy's first 6 Legacy Academy graduates were enrolled at University
2015	Officially launched the Excel Beyond Foundation Year program
2018	First group of 4 students graduate from University
2020	Established official programs in Trades
2021	Student enrollment in Excel Beyond increased 100% 82 additional students were enrolled in University
2024	Integration of the Foundation Year and One Year Trade program for all new students

*Since our inception in 2014, approximately 1,000 students have participated in the Excel Beyond Foundation Year program*





# FOUNDATION YEAR



*Many are the times that people walk blindly without goals or plans for the future and we see them not succeeding. Goal setting requires one to have a desire, a dream, a plan, and be disciplined. One must be focused and also be confident. A person should be hard-working as you might have a dream and plan but without hard work one is bound to fail. As a result of this topic, I checked myself, looked into my future, my dreams and my plans. Now I am working on the things that I need for me to be what I want in the next 10 years.*

—Sabeta on Confidence Building and Self-Awareness

## TRADES PROGRAM

Training in a marketable skill that can provide employment opportunities is an important step in helping our graduates become self-sufficient. Working with local trade schools in Lusaka, our staff enroll students in year-long vocational training programs based on their interests and abilities such as:

- Auto Mechanics
- Catering
- Computer Science
- Design Cutting & Tailoring
- Electrical Engineering
- Fashion and Design
- Hairdressing & Cosmetology
- Hospitality
- Information Technology
- Plumbing & Sheet Metal
- Power Electrical
- Water Operation & Sanitation

At the end of the program, students receive a Level One TEVETA certification from an accredited school which they can share with prospective employers. Students finish the year by completing an attachment (or, internship) to round out their practical knowledge.





# FOUNDATION YEAR



*Financial literacy helped me so much to know how to spend money wisely and how to make a budget. I have improved in tithing, saving and spending wisely. I am very happy because I now know the real value of money. I have now bought a small home bank where I save 10% of my day to day income. I want to save as much as I can for my future use.*

*—Watson on Financial Literacy*

## LIFE SKILLS SEMINARS

Sometimes the most important skills are not academic. In recognition of this, our staff and community partners have developed monthly workshops designed to properly prepare students for independent living and future endeavors in education and work. These seminars include:

### PROFESSIONAL DEVELOPMENT

- Career and goal setting through interest surveys and guidance counseling
- Financial literacy and budgeting
- Leadership training
- Office etiquette
- Resume writing and interview skills

### PERSONAL DEVELOPMENT

- Building and maintaining healthy relationships
- Conflict resolution and decision making
- Physical and mental health
- Spiritual development—how to represent Christ well
- StrengthsFinder from Gallup assessments and self-awareness



# FOUNDATION YEAR



*I have learned to run to the Bible for guidance whenever I feel weak. I also realized that the Word of God is a high tower and my refuge. Through Spiritual Development, the amazing touch of Scripture has pierced my soul and has brought harmony in my life. I will keep on reading the Bible as my life has been transformed in many ways.*

*—Sipho on Spiritual Development*

## PREPARATION FOR GROWTH

Through the Foundation Year program, we continuously strive to provide the tools for our students who will enter Foundation Year as high school graduates with the objective to become thriving, successful, independent young adults who give back to their communities.

All Foundation Year students that wish to continue in higher education are asked to complete an Excel Beyond program application. Along with the application, students are required to submit an essay and gather teacher recommendations to support their grade 12 results. Not only does this give students an experience that will help them in the future, but provides the Excel Beyond team with additional feedback on the students' strengths and weaknesses. The team works with the students in reviewing university and trade school programs and counsels them through the next best step for their specific God-given talents and goals.

Another important aspect of the Excel Beyond program is the ability for students to give back within the ministry. Students are invited to participate in a peer-led mentoring program, focused on discipleship. This allows students to gain valuable leadership skills as they give back to other Family Legacy students. In addition, students are invited to apply to serve as an intern at Camp Life. Camp Life interns lead and minister to a group of 10 children through various activities, small group sessions, one-on-one time, and much more.



# FOUNDATION YEAR

## SPONSORSHIP

The cost to sponsor a student in the Foundation Year is \$250 a month. Sponsorships can be split between two sponsors (\$125 per month each), and can also be paid on a quarterly, semi-monthly, or annual basis.

To sponsor a student in the Foundation Year program, please email [sponsorships@familylegacy.com](mailto:sponsorships@familylegacy.com) or call the Sponsorships department at 972-620-2020 ext. 4.

## OTHER WAYS TO GET INVOLVED

At Family Legacy, we are eager and excited to work with you to discuss the many ways you can serve. Some of those ways include:

- Saying a prayer for our Excel Beyond students as they prepare for their next pathway, whether it be through a Trades or a University program.
- Contributing to our scholarship fund for Excel Beyond students in need. For more information, please contact us at [excelbeyond@familylegacy.com](mailto:excelbeyond@familylegacy.com).
- Becoming an Excel Beyond Ambassador by helping to find sponsorships for our Grade 12 graduates who have qualified for various higher education pathways.
- Volunteering with us through food packing, organizing supplies, and many other opportunities.

Family Legacy appreciates your support in furthering our mission to glorify God by serving the vulnerable and orphaned children of Zambia so they can live up to their God-given potential.

*To learn more about additional ways to get involved with the Family Legacy, visit our website at [www.familylegacy.com](http://www.familylegacy.com) or feel free to reach out directly via phone at 972.620.2020.*



An intelligent heart  
acquires knowledge,  
and the ear of the wise  
seeks knowledge.

—Proverbs 18:15